Websites

Healthy Mouth: Healthy Habits – American Dental Association
This site is geared towards teenagers and available in English and Spanish. There are four main links. Health Habits explores brushing flossing, sealants and mouth guards as well as the effects of drugs. Concerns focuses on drug use, braces, and wisdom teeth to name a few. There is a one question quiz and a link for Nutrition.

Teens: Watch your mouth! – Delta Dental
This site is geared towards parents and teenagers and available only in English. This site has multiple links concerning children and teens’ oral health. The topics range from candy and cavities directed towards children and oral piercing and teeth whitening directed towards teens.
https://www.deltadentalins.com/oral_health/toc-kids.html

All about Orthodontia – KidsHealth.Org
This site is geared towards parents, their young children and teens. It is also available in audio and Spanish. Under the teen portion of the site, the main article is about braces; what they are and caring for them. At the bottom of the page are several links to other articles for taking cares of braces, gum disease and other mouth problems.

Mouthguards in Sports: A Necessary Piece of Equipment – Nationwide Children’s Hospital
This is an article available only in English and geared towards parents and teens. The article explains types of mouth injuries and how to prevent them; by using a mouth guard. It goes on to give descriptions of types of mouth guards and provides a resource for treating sports related dental injuries.
http://www.nationwidechildrens.org/mouth-guards-in-sports-a-necessary-piece-of-equipment

Treatment of the Avulsed Permanent Tooth – SportsDentistry.com
This site is geared towards dentists and available only in English. It details how dentist should care for before and after treatment and avulsed tooth.
http://www.sportsdentistry.com/avulsed.html

Dear Doctor Dentistry and Oral Health – Dear Doctor
This site is geared toward parents and teens and available only in English. It is an online magazine with multiple articles about oral health. The topics range from health implications of chewing tobacco to dental injuries.

Gum Disease in Children – American Academy of Periodontology
This site is geared towards parents and teens and available in over 50 languages including Spanish, German, Arabic, Vietnamese and several others. There are several articles focusing on gum disease in different age and gender populations. The articles focus on risk factors, prevention and treatment.
https://www.perio.org/consumer/children.htm
Caring for Teeth > Teens' Teeth – British Dental Foundation
This site is geared towards parents and teens and available in several different languages including Spanish, French and Arabic. There are multiple links for dental health. This specific article focuses on general teen dental health. https://www.dentalhealth.org/tell-me-about/topic/caring-for-teeth/teens-teeth

Mouth Jewelry, Oral Piercings and Your Health - Cleveland Clinic
This page is geared towards teens and available only in English. It focuses on oral piercings, management of and the complications it can have on one’s oral health. https://my.clevelandclinic.org/health/treatments_and_procedures/hic_Dental_Check-up/hic_Mouth_Jewelry_Oral_Piercings_and_Your_Health

Animated Teeth – Animated-teeth.com
This site is geared towards parents and teens and available only in English. It provides links to other websites about dental procedures, teeth whitening, oral surgery, braces, dental insurance and the like. http://www.animated-teeth.com/

Oral Health – Teens – Halton Region Health Council
This site is geared towards parents and teens and available only in English. It provides information about oral piercings, bad breathe, mouth guards and the like. http://www.halton.ca/cms/One.aspx?pageId=112167

Do You Need a Mouth Guard? – American Dental Association
This one page article is geared towards parents and teens and available only in English. The article explains the reasons for a mouth guard, how to choose one and how to care for it. http://www.ada.org/~/media/ADA/Science%20and%20Research/Files/patient_07.ashx

The Importance of Using Mouth Guards – American Dental Association
This one page article is geared towards parents and teens and available only in English. The article explains the reasons for a mouth guard, how to choose one and how to care for it. http://www.ada.org/~/media/ADA/Science%20and%20Research/Files/patient_40.ashx

Your Teen’s Health - Delta Dental
This link leads to a brochure geared towards parents and teens and available only in English. It touches on oral piercings, soda, mouth guards and eating disorders to name a few. It also delves into how to properly care for your mouth and provides a link back to the delta dental website. http://www.deltadentalid.com/files/DeltaDental0409_Your-Teens-Health.pdf

Tackling Teen Dental Health: A Message for Parents – DeDental
This link leads to a two page article geared towards parents and teens. It is available only in English. It addresses eating disorders, teeth whitening, mouth guards and tips for healthy teeth. http://www.decare.com/cm_files/pdf/100214_TacklingTeenDentalHealth_DeCare.pdf