PSYCHIATRIC MENTAL HEALTH NURSE PRACTITIONER FELLOWSHIP

Webinar

September 5,2024 012:00 PM

Via ZOOM



Tan Chingfen Graduate School of Nursing



WELCOME

The Psychiatric Mental Health Nurse Practitioner (PMHNP) Fellowship Program is a statewide fellowship program based in community health centers (CHC) designed to prepare and transition PMHNP graduates into an integrated CHC practice setting.

This program is sponsored by the Massachusetts Executive Office of Health and Human Services (EOHHS). The PMHNP fellowship program is managed by UMass Chan Tan Chingfen Graduate School of Nursing (UMass Chan GSN) in partnership with the Massachusetts League of Community Health Centers (MLCHC).

The PMHNP Fellowship is supported by the Commonwealth of Massachusetts with funds received from the U.S. Department of the Treasure from the Fiscal Recovery Fund, established under Section 602 of the SSA, as added by Section 9901 ARPA.





Program Administration

Massachusetts League for Community Health Centers

- Tinamarie Fioroni
- Emily Price

UMass Chan Tan Chingfen Graduate School of Nursing

- Leanne Winchester
- Mechelle Plasse
- Anne Reardon







Goal for Today's Webinar

Participating community health centers will receive a detailed review of the RFP and the application process.

We are excited for the launch!





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Questions?

This webinar will be recorded and posted along with the slides on the Mass League website.

Due to the RFP process, no questions will be answered during this webinar.

All questions should be sent to pmhnpfellows@massleague.org or posted in the chat, questions related to the RFP/CHC proposal will be collected until September 13th.

All answers will be posted on the <u>FAQ section</u> of the Mass League PMHNP website by September 20, 2024.

General program questions can be submitted at any time and answers will be posted in the FAQs section







Program Introduction

The Program will consist of two categories of Fellows: (i) Student PMHNPs and (ii) Graduate PMHNPs also known as practicing-level PMHNPs). A **Graduate PMHNP** must be defined by at least one of the following descriptions:

- A graduate PMHNP who has applied to the Fellowship, must have completed a PMHNP program within 18 months of the release of the RFP, have completed licensing exams, and be hired with a start date no later than 7/1/25.
- A recent PMHNP graduate hired between the release date of this RFP and 6/30/25 by a community health center with an employment start date no later than 7/1/25 may also be eligible to apply as a graduate Fellow.

Graduate Fellows will be under a 12-month service commitment and student-level Fellows will participate in a semester-long placement, with an option to extend the Fellowship to additional semesters with approval as needed, with a final semester being no later than Spring '26.

The PMHNP Fellowship is supported by the Commonwealth of Massachusetts with funds received from the U.S. Department of the Treasure from the Fiscal Recovery Fund, established under Section 602 of the SSA, as added by Section 9901 ARPA.





Program Intent

The MA PMHNP Fellowship Program aims to:

- recruit, train, educate and retain PMHNPs at CHCs.
- offer additional advanced and structured training to prepare
 PMHNP's for successful practice in community-based settings.
- integrate retention strategies to ensure the sustainability of the program at CHCs and create a career pathway for practitioners

The Program aims to ensure the sustainability of PMHNPs who work at health centers by creating a career pathway for practitioners, such as student Fellows transitioning to a graduate Fellowship and graduate Fellows becoming prescribing Preceptors and/or non-prescribing Preceptors of future Fellows.





CHC Eligibility

A CHC is defined as a health center located in Massachusetts, operated by an organization that meets the criteria to qualify as a Federal Qualified Health Center (FQHC)², a hospital-licensed health center ³or an FQHC look-alike.

CHCs that serve diverse communities, rural communities⁴, or are in a federally designated Health Professional Shortage Area (HPSA) or a Mental Health Professional Shortage Area⁵ are strongly encouraged to apply.

Priority will be given to CHCs located in <u>EOHHS's Advancing</u>
<u>Health Equity in MA (AHEM)</u> Areas and rural areas (<u>State Office of Rural Health Rural Definition | Mass.gov</u>).

5) What Is Shortage Designation? | Bureau of Health Workforce (hrsa.gov)

4) https://www.hrsa.gov/rural-health/about-us/what-is-rural

- 3) https://www.mass.gov/info-details/health-care-facilities-in-massachusetts
- 2) https://www.healthcare.gov/glossary/federally-qualified-health-center-fqhc



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CHC Selection Priorities

CHCs will be selected and evaluated for funding based on their demonstrated capacity to provide the following,

- A commitment to hire graduate PMHNP fellows who have passed the national certification exam by the American Nurses Credentialing Center or the American Association of Nurse Practitioners, have a Commonwealth of Massachusetts Advance Practice Nursing License in good standing with the Board of Registration in Nursing, and are eligible to apply for Mass Controlled Substance License/DEA by the start of the Program.
- A commitment to building culturally diverse psychiatric capacity both by prioritizing hiring qualified PMHNP candidates who reflect the patient population's cultural and linguistic backgrounds and providing services to communities that are underserved by limited access to behavioral healthcare.
- Capacity and capability to precept all Fellows. See the CHC Preceptor Description below for full details.
- Capacity to provide adequate prescribing Preceptor support for PMHNP graduate and new hire Fellows. See the Prescribing Preceptor description below for full details.
- Ability to ensure adequate patient panels for Fellows in terms of size, diversity, and clinical complexity.
- Ability to ensure adequate care team support (e.g., medical assistants, registered nurses, community health workers, behavioral health clinicians, psychiatrists, or experienced PMHNPs for consult support, and support staff) for Fellows.
- Ability to provide adequate physical space (e.g., exam/treatment rooms) for Fellows.
- Ability to provide coverage and systems to ensure that the clinical needs of patients are met in the Fellows' absence (e.g., sick day, vacation time, etc.).
- Ability to ensure that Fellows work as part of a multi-disciplinary care team



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Limited Funding for CHCs



Available funding is limited. If there is not enough funding to fill all requested Fellow slots from CHCs that are determined qualified based on the criteria above, the prioritization criteria will be a point system using the following scale:

- Located in an <u>AHEM region</u> 5 points
- Located in a <u>rural level 1 or rural level 2</u> city or town, as defined by the Massachusetts Department of Public Health (DPH) State Office of Rural Health 5 points

At the conclusion of the scoring process, if there are multiple qualified CHCs with the same score and the total possible award to eligible CHCs still exceeds the total amount of available funds, CHCs that were not funded in previous UMass Chan/MLCHC PMHNP cohorts will be funded prior to CHCs that have received funding in previous cohorts.







Program Staffing Requirements



A portion of the staff time and salary will be compensated by the grant. Staff must be able to provide sufficient time and effort to fulfill program requirements

Program Director

The program director will be responsible for meeting the obligations and Terms and Conditions of the Fellowship and other administrative requirements related to reporting, evaluation and financial reports

Non Prescribing Preceptor Required for student and graduate Fellows

Prescribing Preceptor

Only required for graduate Fellows, will support psychopharm prescribing







Non-Prescribing Preceptors

* Some providers, such as individually licensed PMHNP providers, may fulfill both the non-prescribing preceptor and prescribing preceptor role



<u>Licensing Requirements:</u> non prescribing preceptors must be *licensed mental health providers* (eg. PMHNP, psychiatrist, psychologist, LICSW, LMHC, etc.). *Note that some Graduate Schools of Nursing may have specific requirements for the preceptor's licensing.*

Preceptor Responsibilities:

Assist the Fellows in meeting their learning needs

Provide consultation for each new patient

Continued consultation when appropriate to ensure patient care quality

Responsible for bi-monthly performance evaluations.

Preceptors with diverse backgrounds are encouraged.



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Prescribing Preceptors

* Some providers, such as individually licensed PMHNP providers, may fulfill both the non prescribing preceptor and prescribing preceptor role.



<u>Licensing Requirements:</u> A prescribing preceptor is a Qualified Healthcare Professional (QHP) who is eligible to provide clinical supervision of prescriptive practice for the graduate fellow, a state regulation for the first 2 years post-certification.

- Licensed certified nurse practitioners with board certification as an advanced practice psychiatric nurse (PMHNP or PMHCNS) who has met the criteria for independent practice.
- Licensed physician, MD or DO, who is board certified in psychiatry "ABPN" or those with a specialty in addiction medicine with the added credentials of "FASAM" or "DFASAM" (Fellow of American Society of Addiction Medicine or Distinguished Fellow of American Society of Addiction Medicine).

Prescribing Preceptor Responsibilities

The fellow and the clinical supervisor will develop mutually agreed-upon guidelines that outline the mechanism for ongoing supervision, the duration and scope of the supervision, and the clinical circumstances that require consultation and/or referral.

If a CHC is unable to provide a prescribing preceptor, a written request must be submitted to UMass Chan GSN for remote clinical supervision support.



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Grant Award

All PMHNP Fellow applicants (students, graduates, and newly hired graduates) must complete and submit an application. Applications are available on the UMass Chan GSN website.

Applications will be available for student and graduate Fellows on the <u>UMass Chan GSN</u> website once awards have been announced for the CHCs, anticipated award announcement for CHC is January 2025.

For new hires and students working as an RN at a health center, both the CHC where they work and the new hire or student must submit an application and be approved.







Graduate Fellow Timeline

CHC must request slots with the understanding that the graduate Fellow must start work on site as a PMHNP no later than July 1, 2025; in order for Fellows to meet the 12-month service commitment.

A CHC may apply for more than one Fellow slot. Funding is limited; therefore, based on the response and number of Fellow applications, placements may vary across health centers.

Acceptance to the Fellowship program is not guaranteed.







Types of FellowsRefer to page 8 of the RFP for complete criteria

Graduate Fellows

- 12 Month Service commitment
- Have completed a PMHNP program*
- Will be employed by the CHC during the 12-month Fellowship.
- A recent PMHNP graduate hired between the release date of this RFP and 6/30/25 by a community health center with an employment start date no later than 7/1/25 may also be eligible to apply as a graduate Fellow. Fellows must submit a Graduate Fellow application and request to be matched to their CHC employer, providing the CHC also submits a proposal and is approved for funding.
- PMHNP graduates who are not board certified must be eligible to apply for a Mass Controlled Substance License/DEA¹⁵ and be eligible to start on July 1, 2025.

Student Fellows

- Semester long fellowship
- Enrolled in a PMHNP program*
- CHC's will work closely with academic placement coordinators at student's programs around requirements and policies
- RNs who currently work at a CHC and are enrolled in a PMHNP program can submit a Student Fellow application and request to be matched to their CHC employer, providing the CHC also submits a proposal and is approved for funding.

*The PMHNP program may provide a master in science (MS) with PMHNP specialization; a Doctor of Nursing practice (DNP) with PMHNP specialization; or a post-graduate certificate (PGC) with PMHNP specialization for those board-certified as NPs in a specialty other than psychiatry and mental health (i.e., family nurse practitioners).



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Student Fellows



Program Components for PMHNP Students

- CHC will work collaboratively with the PMHNP student's academic program coordinator.
- CHC will provide a Preceptor for the PMHNP student, that meets the requirements set by the student's PMHNP program
- PMHNP student experience will be in accordance with the student's PMHNP Program course objectives as outlined by the academic program coordinator.





Grant Objective

Anticipated Project Outcomes:

A total of 32 graduate and 29 student Fellow slots

at up to 22 health centers



Timeline:

all funds expended by 12/31/26

Cohort 2 of the Project (RFP launch 2/2024)

12 CHCs funded







Grant Award Graduate Fellows

Funding Category	Available Funding
PMHNP graduate salary and fringe support	Up to \$143,055/year for each PMHNP graduate Fellow
Infrastructure support: In-state travel to training sites, laptop, and/or EMR license.	Up to \$2,480/year for each PMHNP graduate Fellow
Administrative costs: A portion of salary and fringe for Fellowship director, administrator support, PMHNP prescribing Preceptor and non- prescribing preceptor, as applicable	One grad Fellow total admin and fringe costs not to exceed \$67,542 Two grad Fellows total admin and fringe costs not to exceed \$84,449 Three grad Fellows total admin and fringe costs not to exceed \$101,355 Four grad Fellows total admin and fringe costs not to exceed \$118,262



Graduate Retention Incentives

Funding Category	Available Funding
Available funding for CHCs to go towards a retention incentive for graduate Fellows:(including graduates hired by a CHC between the release date of this RFP and 6/30/25) who become permanent hires of the CHC after their 12-month service commitment ends.	\$10,000/Fellow
Grant incentive to support preceptor development. • Graduate Fellows (new graduates and recently hired) who complete the 12-month service commitment and become permanent hires of the CHC or maintain their employment. Graduate Fellows will be eligible to receive an incentive to participate in a preceptor training through UMass Chan GSN to prepare them to serve in the role of preceptor for future Fellows.	\$5,500 per graduate Fellow/year for up to 2 years (up to \$11,000 per Graduate Fellow over 2 years)







Grant Award Student Fellows



Funding Category	Available Funding
PMHNP Student Preceptor Support fringe and salary	Up to \$5,635 per academic semester per student
Stipend for students at the beginning of each semester.	Up to \$1,000 per semester per student.
Incentive for students who complete the semester	Up to \$1,500 at the end of semester per student.







Submitting a Proposal

Proposal application have been posted on the Mass League website

https://www.massleague.org/Programs/PMHNPFellowshipProgram/PMHNP.php

The application is a fillable PDF with text boxes for all your responses, there will be character limits for each of the text boxes

If you are looking to fill a requested slot with a newly hired PMHNP (graduate) or currently hired RN (student) you must name this person on your proposal, and they must also apply through UMass Chan GSN (anticipated January 2025) if your CHC is awarded funding.

Submitting a Proposal

Please email your completed proposal application as a PDF along with PDFs of all required attachments to

pmhnpfellows@massleague.org

MLCHC staff will send a "receipt of proposal" email if you don't receive this email please contact <a href="mailto:ema

Review Criteria

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Review Criteria	Point Value
C.1 Precepting Model Clearly demonstrated capacity to precept all Fellows The proposed strategy to precept the Fellow(s) demonstrates an understanding that the Fellow is an inexperienced clinician and will need time and guidance to achieve full clinical capacity.	25
C.2 Integration into the care model A thoughtful plan outlining how the Fellow will be integrated into the CHC's model of care and work as part of a multidisciplinary team.	25
Ability to ensure adequate care team support (e.g., medical assistants, registered nurses, community health workers, behavioral health clinicians, psychiatrists, or experienced PMHNPs for consult support, and support staff) for Fellows.	



C.3 Specialty Rotations	25
Clearly identified specialty rotations sites regarding the behavioral health needs of the patient population. CHCs needing assistance with identifying specialty rotations should include their plan to request assistance.	
Goals and/or skills for the Fellow to learn at each specialty rotation are clearly described.	
D. Staffing plan	25
Qualifications of the proposed Program Director and Clinical Supervisors, Preceptors, and other key staff critical to the success of the Fellowship.	
Expertise and capabilities of any proposed partners or consultants.	
E. Budget	Budgets are determined by the number of PMHNP Fellows (graduates and students). CHC must indicate on the space provided within the budget template how many PMHNP Fellows they are requesting. The total



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funds will self-populate based on this factor.

Budgets

Budgets are determined by the number of PMHNP Fellows (graduates and students). The CHC must indicate on the space provided within the budget template how many PMHNP Fellows (graduate and/or student) they are requesting. The maximum potential total funds will self-populate based on this factor.

The budget template was posted along with this RFP please reach out to the MLCHC at pmhnpfellows@Massleague.org if you are unable to download the budget template. Budgets must be submitted with the application.



Application Screening and Review Process

Application Processing

Applications will be reviewed by a diverse committee that includes representatives from the MLCHC and UMass Chan GSN. All awards are subject to review by EOHHS.

Compliance Screening

Submissions will be screened for completeness, conformity to program requirements, and timeliness of response.

Review Process and Selection Committee

All submissions that are confirmed as complete per program requirements and delivered on time will be reviewed. The MLCHC reserves the right to reject all applications, in whole or in part, if deemed to be in the interest of the MLCHC to do so. This RFP does not commit the MLCHC to award any contracts. Upon submission, all applications become the property of the MLCHC. The MLCHC reserves the right to request additional information from any CHC applicant or partner referenced in the proposal to ensure that the review committee has a complete understanding of the proposed Program and the qualifications of the CHC applicant.







Awards and Contracts

Graduate Fellows: once matches between the CHC and the Fellow(s) have been made, CHCs will interview graduate Fellow(s) and the hiring process will take place, contracts will be signed between CHCs and MLCHC.

Student Fellows: once matches have been made, CHCs will communicate with academic placement coordinators at the student's programs. Interviews with students will depend on the policies of the student's programs. Contracts will be signed between CHCs and MLCHC.

CHC Administrative Responsibilities

Needs Assessment

Note: Upon issuance of the contract, a needs assessment will be conducted by UMass Chan GSN and the MLCHC to inform UMass Chan GSN and MLCHC of the CHC's strengths and weaknesses as it relates to implementing a PMHNP Fellowship Program.

Engagement Requirements

Post-award CHCs will:

- work with MLCHC and UMass Chan GSN and provide input into fellow matches, conduct interviews with fellows, and hire and onboard PMHNP fellows. work with students' academic institutions same as in other student placements.
- reach out to MLCHC for support with ongoing fellowship infrastructure and if any issues with fellowship implementation arise, as needed.
- participate in all required meetings with MLCHC, and, as needed, with EOHHS







CHC Administrative Responsibilities



Program and Fiscal Monitoring Requirements

- -Meet the terms of the award outlined in the contract with MLCHC, and
- -Expend grant funds only for allowable activities

Evaluation Requirements

- -Completing electronic surveys twice over the funded period.
- -Participating in qualitative focus group discussions 1-2 times over the funded period.

Reporting Requirements

- -Quarterly Expenditure Report
- -Bi-annual and Final Report
- -Monitoring Fellow Compliance and Payments





Project Terms and Conditions

Applicants awarded funding will be required to abide by the MLCHC's Standard Contract Terms and Conditions. These Terms and Conditions can be found at the end of the RFP.

All final contracts are subject to the successful negotiation of a definitive statement of work and budget.

The MLCHC reserves the right to consider other criteria in making competitive awards among comparably qualified applicants and make the final determination of awards.







Timeline

Event	Date
Kick off Informational Session	August 26, 2024
Request for Proposals Released	August 28, 2024
Request for Proposals Informational Webinar	September 5, 2024
Deadline for Submission of Questions related to RFP/CHC application	September 13, 2024
Posting of Answers to Questions. No questions related to RFP/CHC application will be accepted beyond this date	September 20, 2024
Applications Due	September 30, 2024
Notice of Acceptance (with conditions)	Anticipated January 2025
Fellowship Year Starts	Anticipated Start date no later than July 2025







Any questions about what we have covered so far

please email: pmhnpfellows@massleague.org





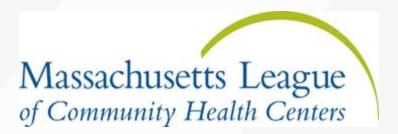
Questions related to the RFP/CHC application will be collected until September 13, 2024, and all answers to these questions will be posted in the FAQ section on the Mass League website by September 20, 2024

General PMHNP program questions can be sent by email throughout the program duration and answers to these will be posted in the FAQ section on a rolling basis.

FAQs page







Thank You!

Thank you all for joining us!

We look forward to reviewing your proposals.

Please don't hesitate to contact us if you have any other questions.

